

## ***ESO TF4UKR D2D Visit Programme — Observership Report***

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***Dates of Visit: August 18-29, 2025***

I had the opportunity to participate in the ESO Department-to-Department Visit Programme at the Stroke Unit, Bispebjerg and Frederiksberg Hospital, Copenhagen, from August 18 to August 29, 2025.

During the two weeks, I was introduced to the organization of acute stroke care in Denmark, including stroke unit rounds, acute stroke calls, multidisciplinary meetings with nurses, physiotherapists, occupational therapists, and speech therapists, as well as patient follow-up and rehabilitation planning. The programme allowed me to observe the high level of team-based coordination, transparent communication with patients and families, and the use of national registries to ensure quality of care.





In addition, I had the chance to give a presentation about neurology and stroke care in Ukraine to colleagues at Rigshospitalet, which was a very meaningful opportunity to share experiences and raise awareness about the challenges of providing care in a war-affected healthcare system.



This visit gave me valuable insights into best practices in acute stroke management, interdisciplinary collaboration, and patient-centered communication, which I intend to apply in my clinical work and teaching activities in Ukraine. I am grateful to Professor Hanne Christensen and her colleagues for the excellent organization, hospitality, and support throughout my stay.